



WORKWEAR SIZE GUIDE

MEN'S SHORTS, PANTS, COVERALL & OVERALLS

REGULAR SIZES	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	
IMPERIAL SIZE	2	3	4	5	6	7	8	9	10	11	
TO FIT CHEST (cm)	82	87	92	97	102	107	112	117	122	127	
TO FIT WAIST (cm)	72	77	82	87	92	97	102	107	112	117	
TO FIT WAIST (inches)	28	30	32	34	36	38	40	42	44	46	
TO FIT INLEG (cm)	75	77	77	79	81	83	84	87	87	87	
STOUT SIZES	82S	87S	92S	97S	102S	107S	112S	117S	122S	127S	132S
IMPERIAL SIZE	2 ^{1/4}	3 ^{1/4}	4 ^{1/4}	5 ^{1/4}	6 ^{1/4}	7 ^{1/4}	8 ^{1/4}	9 ^{1/4}	10 ^{1/4}	11 ^{1/4}	12 ^{1/4}
TO FIT CHEST (cm)	92	97	102	107	112	117	122	127	132	137	142
TO FIT WAIST (cm)	82	87	92	97	102	107	112	117	122	127	132
TO FIT WAIST (inches)	32	34	36	38	40	42	44	46	48	50	52
TO FIT INLEG (cm)	70	70	73	73	73	75	75	75	75	75	75
LONG SIZES		79L	84L	89L	94L						
IMPERIAL SIZE		4 ^{1/2}	5 ^{1/2}	6 ^{1/2}	7 ^{1/2}						
TO FIT CHEST (cm)		92	97	102	107						
TO FIT WAIST (cm)		79	84	89	94						
TO FIT WAIST (inches)		31	33	35	37						
TO FIT INLEG (cm)		84	84	86	88						
MEN'S ELASTIC WAIST PANTS (cm)	67/2XS	72/XS	77/S	82/M	87/L	92/XL	97/2XL	102/3XL	107/4XL	112/5XL	

SHIRTS, POLOS, T-SHIRTS, JUMPERS & JACKETS

SIZES	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
WOMEN'S CONVERSION	6	8	10	12	14	16	18	20	22	24	
TO FIT NECK (cm)	33/34	35/36	37/38	39/40	41/42	43/44	45/46	48/49	50/51	52/53	55/56
TO FIT CHEST (cm)	73-79	80-86	87-93	94-100	101-107	108-114	115-120	120-125	125-130	130-135	135-140

WOMEN'S SHIRT & PANTS

SIZES	6	8	10	12	14	16	18	20	22	24	
TO FIT BUST (cm)	82	87	92	97	102	107	112	117	122	127	
TO FIT NATURAL WAIST	60	65	70	75	80	85	90	95	100	105	
TO FIT LOWER WAIST (cm)	67	72	77	82	87	92	97	102	107	112	
TO FIT HIPS (cm)	87	93	98	103	108	113	118	123	128	133	
TO FIT INLEG (cm)	74	76	78	80	80	82	82	84	84	84	
CONVERSION TO MEN'S PANTS (cm)	67/2XS	72/XS	77/S	82/M	87/L	92/XL	97/2XL	102/3XL	107/4XL	112/5XL	
CONVERSION TO MEN'S SHIRTS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	

SOCK SIZE	TO FIT FOOT LENGTH (cm)	TO FIT SHOE	
		AUS/UK	USA
6 - 10	22 - 27	6 - 10	7 - 11
11 - 14	27 - 32	11 - 14	12 - 15



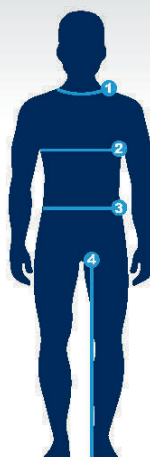
HEADWEAR - CAPS/BEANIE

ONE SIZE FITS ALL

To fit head circumference

55 - 62cm

21^{3/4} - 24^{1/4} inch



1 NECK:

Measure around your neck where the collar sits, allowing two fingers behind tape measure for comfort.

2 CHEST/BUST:

Measure straight and around the fullest part of your chest or bust. Ensuring tape is kept level and straight across the back.

3 WAIST:

Measure around natural waist line. This is where your pants sit and measure over undergarments and not over pant waistband. Keep tape level yet not too tight against skin.

4 INLEG:

Measure inside leg from the crotch seam to the heel of the shoe.



FOR A COMFORTABLE FIT

It is important to measure correctly.

WHEN MEASURING

Make sure the tape measure is level and not tight.

5 NATURAL WAIST:

At belly button.

6 LOWER WAIST:

4-5cm below belly button.

7 HIP:

Measure loosely around the fullest part of the hips keeping the tape level at the back and measure over undergarments.

SPECIAL NOTES

FOR COVERALLS

Choose one size up from the pants size you wear. Coveralls & Overalls are meant to be worn over other clothing.

FOR PANTS

Use only waist and inside leg measurements to make your selection.

FOR SHIRT CHEST

Please note this is "TO FIT" chest measurement - shirts chest measurements are bigger for comfort and movement.

FOR JACKETS

Use chest measurement only. Jackets are normally worn over clothing and have been designed to be slightly bigger than a shirt.

THIS GUIDE FOLLOWS THE AUSTRALIAN BODY SIZING MEASUREMENTS RECOMMENDATION.
THESE ARE NOT GARMENT MEASUREMENTS (WITH THE EXCEPTION TO FIT WAIST FOR SHORT/PANTS)